



December 12, 2025

Weekly Situational Awareness Brief



Awareness Topics

CreateOn Recalls Pip-Cubes Due to Risk of Serious Injury or Death from Magnet Ingestion Hazard

“CreateOn Crayola-branded pip-Cubes The recalled magnetic building cubes contain magnets that can become loose if the seams separate, posing an ingestion hazard to children.”

HHS unveils AI strategy

“The Department of Health and Human Services has released an artificial intelligence strategy aimed at expanding AI use across its workforce and modernizing internal operations, research and public health activities.”

How old is too old to shovel snow? Here's what heart experts say.

“As frigid winter nears, more people will gather up their snow shovels (or blowers) to take on the vigorous task. While shoveling snow may sound like a common household chore

to some, it can be dangerous, and in some cases, fatal for those who do not exercise regularly and/or have pre-existing heart conditions.”

Social Media Detox and Youth Mental Health

“These findings suggest that reducing social media use for 1 week may improve mental health outcomes in young adults; however, the durability of these therapeutic outcomes and their associations with behavior require further investigation.”

How music is like food for the brain

“Scientists are learning how music can do more than lift our mood, from easing anxiety to helping experimental drugs reach the brain.”

‘Addictive’ Nature of UPFs Affects Older US Adults

“A new study published in *Addiction* reveals that older US adults, particularly women, are showing significantly higher rates of ultraprocessed food addiction (UPFA) compared to previous generations.”

CISA alerts of critical vulnerability impacting free program used for building user interfaces

“A critical, unauthenticated remote code execution vulnerability known as React2Shell has been added to the Cybersecurity and Infrastructure Security Agency’s Known Exploited Vulnerabilities Catalog.”

Temperature average for 2023-2025 on track to exceed 1.5C for first time, Copernicus data reveals

“As we near the end of the year, 2025 is currently tied with 2023 as the second warmest year on record, new Copernicus data reveals.”

Upcoming MESH Educational Offerings

Talk Save Lives

“Talk Saves Lives: An Introduction to Suicide Prevention” is a one-hour, evidence-based education program created by the American Foundation for Suicide Prevention. In this powerful and informative session, you’ll gain a deeper understanding of suicide as a public health issue, and more importantly, how to prevent it.

January 20, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

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Setting Down What Isn’t Yours: A Workshop on Vicarious Trauma

Every day, you show up for others. You listen. You witness pain. You hold space.

But you don’t have to carry the burden of someone else’s trauma anymore —

you have the power to set it down.

January 27, 2026 | 1-4pm EST | Virtual via Zoom | \$30.00 + Eventbrite Fee

Naloxone Administration | Opioid Overdose Prevention Training

YOU can learn how to save a life in just one hour!

January 29, 2026 | Virtual Via Zoom | Complimentary

Emergency Preparedness & Resilience Coach

It doesn't take a hurricane to disrupt a life. **When resources are already limited, even small disruptions can have big consequences. This course helps you understand where real needs begin—with everyday vulnerabilities—and how to meet them through simple, powerful steps.** This isn't just disaster training. It's people training—practical, human-centered, & real.

Five cohorts offered between February & June 2026 | 4-week program | One 3-hour session per week | Virtual via Zoom | Free, Grant Funded

Q1 MESH Grand Rounds | Water Woes: A Hospital's Response to the Immediate Loss of Water

This presentation will:

- Provide participants with an approach to regional water distribution that impacts multiple healthcare and healthcare support locations across a coalition.
- Discuss key considerations for facilities to mitigate water disruptions and impacts to key systems within the campus.
- Share lessons learned on overcoming local challenges within healthcare during a water outage.

February 17, 2026 | 1-2pm EST | Virtual Via Zoom | Free & Open to the Public

[Visit our Website](#)

Upcoming MESH Conference Presentations

Coming Soon

Events

[Click Here for Current and Upcoming Events List](#)

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MESH serves as the designated Medical Multi-Agency Coordination Center for Marion County, Indiana. The MESH Intelligence Program is a joint-effort between the City of Indianapolis Emergency Management Agency and the Marion County Public Health Department designed to provide real-time information and support to the healthcare sector in the Indianapolis area. Assistance with info or questions at: MESHintel@meshcoalition.org

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