



November 7, 2025

Weekly Situational Awareness Brief

Awareness Topics

What to Know About the New Blood Pressure Guidelines

"Some things haven't changed in the new high blood pressure (BP) guideline for adults released this August by the American Heart Association (AHA) and the American College of Cardiology. But many updates with the potential to change patient care were included in the new guideline, which incorporates the latest data and emphasizes both earlier treatment and tighter control of BP."

Chemotherapy Drug Shortages Become Cancer-Care Reality

"Intermittent shortages of various injectable chemotherapy drugs have become a regular part of cancer care, with oncology practices reporting that despite their best efforts to mitigate supply challenges, shortages can be detrimental to patient care."

Scientists Detect New Bat Virus That Looks Alarming Like Covid-19

"The newly discovered BRZ batCoV shares a key feature of SARS-CoV-2, one that could allow it or similar viruses to infect human cells."

Aligning Strategic Plans Across Health, Aging, and Dementia

“By turning complex planning landscapes into practical insights, this tool allows states to use resources more effectively, enhancing health outcomes across the lifespan.”

Feeding Children, Youth, and Families: A SNAP Update

“Families and youth experiencing homelessness often face additional barriers to accessing adequate food, such as lack of transportation to food banks/pantries, lack of a place to prepare or store food, or lack of utensils and can openers.”

Cold Weather Safety

“Extremely cold air comes every winter into at least part of the country and affects millions of people across the United States. The arctic air can be dangerous. Combined with brisk winds, dangerously cold wind chill values can result. People exposed to extreme cold are susceptible to frostbite and can succumb to hypothermia in a matter of minutes.”

Upcoming MESH Educational Offerings

Naloxone Administration Training

You can learn how to save a life in just one hour.

November 13, 2025 | 10am, 11am, or 1pm EST | 1202 W. 16th St. Indianapolis, IN, 46202

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Setting Down What Isn't Yours: A Workshop on Vicarious Trauma

Every day, you show up for others. You listen. You witness pain. You hold space.

But you don't have to carry the burden of someone else's trauma anymore —

you have the power to set it down.

January 27, 2026 | 1-4pm EST | Virtual via Zoom | \$30.00 + Eventbrite Fee

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Emergency Preparedness & Resilience Coach

It doesn't take a hurricane to disrupt a life. When resources are already limited, even small disruptions can have big consequences. This course helps you understand where real needs begin—with everyday vulnerabilities—and how to meet them through simple, powerful steps. **This isn't just disaster training. It's people training—practical, human-centered, & real.**

Five cohorts offered between February & June 2026 | 4-week program | One 3-hour session per week | Virtual via Zoom | Free, Grant Funded

[Visit our Website](#)

Upcoming MESH Conference Presentations

2025 IASN Annual School Nurse Conference

Monica Morphew, RN, BSN, MS(c), and Dr. Jim Floyd will be presenting "Mass Casualty Presentation."

November 10 & 11, 2025

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National Healthcare Coalition Preparedness Conference 2025

Dr. Jim Floyd is presenting "Geospatial Insights: Hazard Vulnerability and Community-Based Asset Mapping" and "Psychological Safety at Work."

December 1-3, 2025

Events

[Click Here for Current and Upcoming Events List](#)

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