



October 24, 2025

Weekly Situational Awareness Brief

Awareness Topics

Why Do Night Shift Workers Fall Sick More Frequently?

"Working unconventional hours disrupts the body's internal clock, which in turn affects the immune system and increases people's susceptibility to disease."

SNAP agencies directed to halt November payments as funding uncertainty looms

"The U.S. Department of Agriculture has directed all state and regional SNAP agencies to halt transmission of November benefits until further notice. The Supplemental Nutrition Assistance Program provides food assistance to low and no-income families. While it's a federal aid program, benefits are distributed at the state level."

As Pickleball Continues to Gain Players, Injuries Are Increasing

"Although the increasing number of pickleball players is one factor in the rise of injuries, the reasons are probably multifactorial, say researchers. The age of the players is certainly one."

Long COVID More Common in Seniors: What Doctors Need to Know

“Around 4% of those with long COVID are older than 65 years, the CDC estimates. But many experts believe this estimate vastly undercounts the number of seniors with long COVID because the symptoms may be confused with age-related conditions.”

U.S. measles cases continue to climb, with outbreaks across the country

“Nearly two months after a deadly, massive measles outbreak in Texas was declared over, the highly contagious disease continues to spread across the country. The U.S. has now confirmed 1,596 cases this year, according to the Centers for Disease Control and Prevention — the highest annual number in more than three decades.”

ED 26-01: Mitigate Vulnerabilities in F5 Devices

“The required actions in this Directive apply to agency assets in any federal information system, including an information system used or operated by another entity on behalf of an agency, that collects, processes, stores, transmits, disseminates, or otherwise maintains agency information.”

Poverty, Food Insecurity, and Housing Instability Among US Health Care Workers

“The US health workforce faces projected shortages of more than 180 000 physicians and 200 000 registered nurses in the next decade. Burnout, poor working conditions, and inadequate wages have been cited as key drivers of these shortages. However, the prevalence of financial hardship can affect worker retention and job performance. This study evaluated rates of poverty, food insecurity, and housing instability among US health care workers.”

Upcoming MESH Educational Offerings

Q4 MESH Grand Rounds with Dr. Jim Floyd

Geospatial Insights: Hazard Vulnerability and Community-Based Asset Mapping.

October 28, 2025 | 1-2 pm EST | LIVE via Zoom

Naloxone Administration Training

You can learn how to save a life in just one hour.

November 13, 2025 | 10am, 11am, or 1pm EST | 1202 W. 16th St. Indianapolis, IN, 46202

[Visit our Website](#)

Upcoming MESH Conference Presentations

2025 IASN Annual School Nurse Conference

Monica Morphew, RN, BSN, MS(c), and Dr. Jim Floyd will be presenting "Mass Casualty Presentation."

November 10 & 11, 2025

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National Healthcare Coalition Preparedness Conference 2025

Dr. Jim Floyd is presenting "Geospatial Insights: Hazard Vulnerability and Community-Based Asset Mapping" and "Psychological Safety at Work."

December 1-3, 2025

Events

[Click Here for Current and Upcoming Events List](#)

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