



January 2, 2026

Weekly Situational Awareness Brief

Awareness Topics

Training the Public to Be Ready Responders

“When a violent act or mass-casualty event strikes – such as the Boston Bombing, a shooting, major vehicle crash, or vehicular assault – the first minutes are critical. Before professional responders arrive, ordinary citizens will be the first link in the survival chain. Their actions, guided by preparedness and confidence, can determine life and death.”

Neurobehavioural links from infant screen time to anxiety

“Higher infant screen time is linked to accelerated topological maturation of the visual and cognitive control networks, leading to prolonged decision latency and increased adolescent anxiety.”

CMS approves rural health awards for all 50 states

“CMS has awarded \$50 billion across all 50 states through its new Rural Health Transformation Program, a five-year federal initiative established under the Working Families Tax Cuts Act and expanded by the One Big Beautiful Bill Act.”

Expenditures for Pediatric Behavioral Health Care Over Time and Estimated Family Financial Burden

“Although pediatric behavioral health conditions are common in the United States, many children cannot access timely behavioral health care. Mental health workforce shortages and challenges accessing outpatient care have led to increases in behavioral health emergency department visits and hospitalizations.”

A Lay Health Worker–Led Symptom Intervention and Acute Care Use in Older Adults With Cancer

“This study evaluated whether telephone-based symptom assessments delivered by lay health workers could reduce emergency department visits and hospitalizations in older adults with cancer.”

Nurse Practice Environment, Job Satisfaction, and Turnover and Patient Falls

“In this cross-sectional study of 8584 hospital units in the National Database of Nursing Quality Indicators, higher nurse turnover was significantly associated with increased patient falls.”

Upcoming MESH Educational Offerings

Talk Save Lives

"Talk Saves Lives: An Introduction to Suicide Prevention" is a one-hour, evidence-based education program created by the American Foundation for Suicide Prevention. In this powerful and informative session, you'll gain a deeper understanding of suicide as a public health issue, and more importantly, how to prevent it.

January 20, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

—

Setting Down What Isn't Yours: A Workshop on Vicarious Trauma

Every day, you show up for others. You listen. You witness pain. You hold space.

But you don't have to carry the burden of someone else's trauma anymore —
you have the power to set it down.

January 27, 2026 | 1-4pm EST | Virtual via Zoom | \$30.00 + Eventbrite Fee

—

Naloxone Administration | Opioid Overdose Prevention Training

YOU can learn how to save a life in just one hour!

January 29, 2026 | Virtual Via Zoom | Complimentary

—

Emergency Preparedness & Resilience Coach

It doesn't take a hurricane to disrupt a life. When resources are already limited, even small disruptions can have big consequences. This course helps you understand where

real needs begin—with everyday vulnerabilities—and how to meet them through simple, powerful steps. **This isn't just disaster training. It's people training—practical, human-centered, & real.**

Five cohorts offered between February & June 2026 | 4-week program | One 3-hour session per week | Virtual via Zoom | Free, Grant Funded

Q1 MESH Grand Rounds | Water Woes: A Hospital's Response to the Immediate Loss of Water

This presentation will:

- Provide participants with an approach to regional water distribution that impacts multiple healthcare and healthcare support locations across a coalition.
- Discuss key considerations for facilities to mitigate water disruptions and impacts to key systems within the campus.
- Share lessons learned on overcoming local challenges within healthcare during a water outage.

February 17, 2026 | 1-2pm EST | Virtual Via Zoom | Free & Open to the Public

[Visit our Website](#)

Upcoming MESH Conference Presentations

Coming Soon

Events

[Click Here for Current and Upcoming Events List](#)

MESH does not assume any liability for the content, materials, information, and opinions provided within this communication. Further, MESH disclaims any liability resulting from use of any content within this communication. Information contained in this communication is provided "as is," with all faults. Neither MESH, nor any person associated with MESH, makes any warranty or representation with respect to the quality, accuracy, or availability of this information.

MESH serves as the designated Medical Multi-Agency Coordination Center for Marion County, Indiana. The MESH Intelligence Program is a joint-effort between the City of Indianapolis Emergency Management Agency and the Marion County Public Health Department designed to provide real-time information and support to the healthcare sector in the Indianapolis area. Assistance with info or questions at: MESHintel@meshcoalition.org

To sign up for MESH Coalition Weekly Situational Awareness Briefs, subscribe at the bottom of our homepage at meshcoalition.org

