



January 16, 2026

Weekly Situational Awareness Brief

Awareness Topics

ASPR Strategic Plan Fiscal Year 2026-2029

ASPR has released its Strategic Plan for 2026-2029

Hospital worker dies after being stabbed by a patient: Why are US clinicians still so vulnerable to violence?

“The rise in violence is putting immense pressure on healthcare systems, especially in high-risk areas like emergency rooms and psychiatric units, where patients are more prone to violent outbursts due to the stress of their medical conditions or mental health challenges.”

Head Injuries Tied to Increased Risk for Future Suicide Attempts

“Sustaining a head injury of any type was associated with an increased risk for future suicide attempts.”

Phishing actors exploit complex routing and misconfigurations to spoof domains

“Phishing actors are exploiting complex routing scenarios and misconfigured spoof protections to effectively spoof organizations’ domains and deliver phishing emails that appear, superficially, to have been sent internally.”

Social Media Use and Well-Being Across Adolescent Development

“Despite social media’s central role in adolescent life, its implications for well-being are far from clear. On one hand, social media platforms support social connection, self-expression, and access to information; on the other, heavy use has been associated with emotional distress, social comparison, and cyberbullying.”

Changes in US Skilled Nursing Facility Capacity Following the COVID-19 Pandemic

“The COVID-19 pandemic severely disrupted the nursing home, or skilled nursing facility (SNF), industry in the US in several ways, including a historic decline in workforce and straining facility operations.”

Student mental health is in crisis — here’s how to help

“A mental-health emergency is brewing at universities across the world. Anxiety, depression, suicidal ideation and self-harm have all increased among undergraduates in the past decade, straining university resources.”

Drug Shortages Stress Primary Care

“Persistent drug shortages arise from multiple factors, including supply chain disruptions, a limited number of manufacturers, regulatory burdens, small profit margins, as well as external factors such as natural disasters and unforeseen surges in demand for certain drugs.”

Upcoming MESH Educational Offerings

Talk Save Lives

“Talk Saves Lives: An Introduction to Suicide Prevention” is a one-hour, evidence-based education program created by the American Foundation for Suicide Prevention. In this powerful and informative session, you’ll gain a deeper understanding of suicide as a public health issue, and more importantly, how to prevent it.

January 20, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

—

Setting Down What Isn’t Yours: A Workshop on Vicarious Trauma

Every day, you show up for others. You listen. You witness pain. You hold space.

But you don't have to carry the burden of someone else's trauma anymore —
you have the power to set it down.

January 27, 2026 | 1-4pm EST | Virtual via Zoom | \$30.00 + Eventbrite Fee

Naloxone Administration | Opioid Overdose Prevention Training

YOU can learn how to save a life in just one hour!

January 29, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

Emergency Preparedness & Resilience Coach

It doesn't take a hurricane to disrupt a life. When resources are already limited, even small disruptions can have big consequences. This course helps you understand where real needs begin—with everyday vulnerabilities—and how to meet them through simple, powerful steps. **This isn't just disaster training. It's people training—practical, human-centered, & real.**

Five cohorts offered between February & June 2026 | 4-week program | One 3-hour session per week | Virtual via Zoom | Free, Grant Funded

Q1 MESH Grand Rounds | Water Woes: A Hospital's Response to the Immediate Loss of Water

This presentation will:

- Provide participants with an approach to regional water distribution that impacts multiple healthcare and healthcare support locations across a coalition.
- Discuss key considerations for facilities to mitigate water disruptions and impacts to key systems within the campus.
- Share lessons learned on overcoming local challenges within healthcare during a water outage.

February 17, 2026 | 1-2pm EST | Virtual Via Zoom | Free & Open to the Public

[Visit our Website](#)

Upcoming MESH Conference Presentations

International Association of Police Chaplains - Region 4 Conference

Dr. Jim Floyd is presenting "The Chaplain's Toolkit for Grief Group Leadership."
March 9-11, 2026

Events

[Click Here for Current and Upcoming Events List](#)

MESH does not assume any liability for the content, materials, information, and opinions provided within this communication. Further, MESH disclaims any liability resulting from use of any content within this communication. Information contained in this communication is provided "as is," with all faults. Neither MESH, nor any person associated with MESH, makes any warranty or representation with respect to the quality, accuracy, or availability of this information.

MESH serves as the designated Medical Multi-Agency Coordination Center for Marion County, Indiana. The MESH Intelligence Program is a joint-effort between the City of Indianapolis Emergency Management Agency and the Marion County Public Health Department designed to provide real-time information and support to the healthcare sector in the Indianapolis area. Assistance with info or questions at: MESHintel@meshcoalition.org

To sign up for MESH Coalition Weekly Situational Awareness Briefs, subscribe at the bottom of our homepage at meshcoalition.org



MESH Coalition | 1202 West 16th Street | Indianapolis, IN 46202 US