



January 9, 2026

Weekly Situational Awareness Brief

Awareness Topics

Study: Extreme Heat May Speed Up Aging in Older Adults

“A new USC Leonard Davis School of Gerontology study suggests greater exposure to extreme heat may accelerate biological aging in older adults, raising new concerns about how climate change and heat waves could affect long-term health and aging at the molecular level.”

Antibiotics are failing worldwide, and the WHO has issued a warning

“One in six common bacterial infections worldwide now resist standard antibiotics, according to new World Health Organization data. That single figure, drawn from laboratories in more than 100 countries, shows resistance turning routine infections into life-threatening illnesses.”

CMS to stop requiring states to report childhood vaccination levels

“States will no longer be required to report how many children they vaccinate to the Centers for Medicare and Medicaid Services (CMS), according to a December 30 letter to state health officials.”

In the U.S., hunger is often hidden. But it can still leave scars on body and mind

"Hunger in America looks very different from the stereotype of malnourished children trying to survive a famine in a low-income country far away."

Where vaccination rates declined the most, by county

"The big picture: Vaccination rates for school-age children have plunged in hundreds of counties as chaos reigns over vaccination schedules, setting the stage for a potentially grim 2026."

40 million Americans use ChatGPT for healthcare: Report

"More than 40 million Americans use ChatGPT daily to ask questions about healthcare, according to a new report from OpenAI that highlights how patients and clinicians are increasingly turning to AI to navigate a complex and strained U.S. healthcare system."

More seniors are becoming homeless. Shelters are trying to adapt

"Not only are people who struggle with chronic homelessness aging, but many older adults are becoming homeless for the first time in their lives."

OpenAI launches ChatGPT Health

"OpenAI has rolled out ChatGPT Health, a new feature that allows users to securely integrate personal health information with ChatGPT's AI to better understand and manage health-related questions."

Upcoming MESH Educational Offerings

Talk Save Lives

"Talk Saves Lives: An Introduction to Suicide Prevention" is a one-hour, evidence-based education program created by the American Foundation for Suicide Prevention. In this powerful and informative session, you'll gain a deeper understanding of suicide as a public health issue, and more importantly, how to prevent it.

January 20, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

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Setting Down What Isn't Yours: A Workshop on Vicarious Trauma

Every day, you show up for others. You listen. You witness pain. You hold space.

But you don't have to carry the burden of someone else's trauma anymore —
you have the power to set it down.

January 27, 2026 | 1-4pm EST | Virtual via Zoom | \$30.00 + Eventbrite Fee

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Naloxone Administration | Opioid Overdose Prevention Training

YOU can learn how to save a life in just one hour!

January 29, 2026 | 7-8pm EST | Virtual Via Zoom | Complimentary

Emergency Preparedness & Resilience Coach

It doesn't take a hurricane to disrupt a life. When resources are already limited, even small disruptions can have big consequences. This course helps you understand where real needs begin—with everyday vulnerabilities—and how to meet them through simple, powerful steps. **This isn't just disaster training. It's people training—practical, human-centered, & real.**

Five cohorts offered between February & June 2026 | 4-week program | One 3-hour session per week | Virtual via Zoom | Free, Grant Funded

Q1 MESH Grand Rounds | Water Woes: A Hospital's Response to the Immediate Loss of Water

This presentation will:

- Provide participants with an approach to regional water distribution that impacts multiple healthcare and healthcare support locations across a coalition.
- Discuss key considerations for facilities to mitigate water disruptions and impacts to key systems within the campus.
- Share lessons learned on overcoming local challenges within healthcare during a water outage.

February 17, 2026 | 1-2pm EST | Virtual Via Zoom | Free & Open to the Public

[Visit our Website](#)

Upcoming MESH Conference Presentations

International Association of Police Chaplains - Region 4 Conference

Dr. Jim Floyd is presenting "The Chaplain's Toolkit for Grief Group Leadership."

March 9-11, 2026

Events

[Click Here for Current and Upcoming Events List](#)

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MESH serves as the designated Medical Multi-Agency Coordination Center for Marion County, Indiana. The MESH Intelligence Program is a joint-effort between the City of Indianapolis Emergency Management Agency and the Marion

County Public Health Department designed to provide real-time information and support to the healthcare sector in the Indianapolis area. Assistance with info or questions at: MESHintel@meshcoalition.org
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